GUIYING (ANGEL) ZHONG

Education

University of the Pacific | Stockton, CA | *Summa Cum Laude*
Bachelor of Science, Psychology, English | **Minors:** Writing, Ethnic Studies | GPA: 4.0

Research and Teaching Experience

Florida International University | Remote   05/2023–present
Department of Psychology | Power, Women, and Relationships (PWR) Lab
Volunteer Research Assistant for Dr. Asia Eaton

- Aid with a study on differential racialized misogyny towards Black, Asian, and white women in the workplace by revising the materials and streamlining the participant session flow in Qualtrics (poster presented at the 2023 Society for Psychological Study of Social Issues Conference)

University of the Pacific | Stockton, CA   08/2021–05/2023
Department of Psychology | Stocco Lab
Volunteer Research Assistant for Dr. Corey Stocco

- Presented weekly on the methods, findings, and theoretical frameworks of non-correspondence and lying intervention literature
- Aided with developing the methods of a meta-analysis on interventions for childhood lying in alignment with PRISMA guidelines by calculating inter-rater reliability, developing article eligibility criteria, and editing the in-progress manuscript
- Reviewed iterations of graduate student theses proposals and provide generative feedback

University of the Pacific | Stockton, CA   02/2020–present
Department of Psychology | Aging and Cognitive Training (ACT) Lab
Volunteer Research Assistant for Dr. Carla Strickland-Hughes

- Co-designed and act as primary post-baccalaureate collaborator for an in-process manuscript on COVID-19 news headlines and death attitudes; poster presented at the 2023 Summer Undergraduate Research Education Program (SUREP) Conference
- Conducted 1-hour Zoom interviews with participants for a study on goal-setting and memory strategies; co-presented the preliminary results at the 2023 Western Psychological Association Conference
- Conducted extensive qualitative analysis on student feedback for a cross-institutional study on traditional vs. specifications grading between the University of the Pacific, University of Notre Dame, and the University of California, Riverside
- Acted as Webmaster tasked with editing the lab website with prompt updates as needed

University of the Pacific | Stockton, CA   02/2020–05/2023
Department of Psychology | Kohn Lab
Volunteer Research Assistant for Dr. Carolynn Kohn

- Supported principal investigators during research into the effectiveness of behavioral skills training by running simulations, acting as the secondary investigator in participant sessions, recruiting participants, and analyzing findings
- Created and presented project posters for research conferences
- Adapted graduate thesis projects to virtual modalities by conducting literature reviews, researching platforms, and editing task analyses

University of the Pacific | Stockton, CA   01/2022–05/2022
Teaching Assistant, Developmental Psychology
- Facilitated weekly class sessions by leading discussions and activities on course content
- Collaborated with fellow teaching assistants to increase student participation during weekly group teaching meetings
- Regularly reported student engagement, attendance, and concerns to instructor
- Created class materials including content presentations and regular Canvas posts

University of the Pacific | Stockton, CA   09/2021–05/2022
Writing Mentor, Student Writing Center
- Provided 1:1 tutoring on a regular basis to peers from a variety of backgrounds and skillsets six to eight hours per week
- Referred peers to relevant online resources to scaffold future writing assignments
- Managed appointments online to ensure timely delivery of services
- Educated peers about grammar, vocabulary, and citation styles (MLA, APA)

University of California, Riverside | Riverside, CA   10/2020–06/2021
Cognitive Agility Across the Lifespan via Learning and Attention (CALLA) Lab
Undergraduate Research Assistant and Lab Intern for Dr. Rachel Wu
- Conducted descriptive and correlational data analyses using SPSS
- Gave brief presentations on ethics and diversity in psychological research
- Collaborated on multiple projects concerning cognition and learning across different age groups, socioeconomic statuses, and ethnicities
- Co-built a working memory study interface on the online program Gorilla

Leadership and Advocacy Experience

Elevance Health | Remote   06/2023–present
Inclusive Policy and Advocacy Intern
- Summarize key legislative and policy updates pertaining to whole health and health equity for the enterprise-wide public affairs newsletter
- Review and edit internal/external copy and social media content related to disability inclusion and justice
- Represent the Inclusive Policy and Advocacy Team in stakeholder engagement opportunities, such as conferences, workgroups, and professional development events
- Co-design community listening sessions for older adults aging with a disability to collect and synthesize their major concerns and priorities

Driving Change in Campus Mental Health | Remote   03/2023–present

Workgroup Member
- Leverage lived experience with mental health and psychological research background to inform project priorities in three key areas: (1) mental health crisis response, (2) (re)-integration, and (3) accommodations
- Collaborate with fellow workgroup members and project leads from Mental Health America, The Bazelon Center for Mental Health Law, and the University of Pittsburgh to develop public educational materials on best campus mental health practices and the experiences of (minoritized) students with the current campus mental health system

University of the Pacific | Stockton, CA   05/2022–05/2023
Student Government President
- Advocate for students on a 4,500 person campus by amplifying student concerns to university leaders and sitting on university committees
- Act as head of a 50+ person organization with a $1.3 million operating budget
- Led successful campaign for the distribution of free menstrual and safe sex products
- Led successful campaign for the creation of a cost-free student shuttle
- Organized key student success events such as a financial wellness/literacy workshop series, an abstract-writing workshop, and a tuition forum with the university Chief Financial Officer
- Created all internal training and orientation materials on topics such as organizational bylaws/structure, professional communication, and servant leadership

National Alliance on Mental Illness (NAMI) | Arlington, VA | Remote   02/2022–12/2022
Next Gen Youth Advisor
- Advised the largest grassroot mental health non-profit in the U.S. on youth outreach and programs alongside nine other youth advisors from across the country (10 chosen out of a pool of 776)
- Normalized shared lived experiences of intergenerational trauma, mental health struggles, and student stressors by collaborating with NAMI partners on townhalls, webinars, panels, interviews, and podcasts
- Co-advised the creation of a virtual mental health card game titled, "Say It Out Loud!" to destigmatize mental health on college campuses

University of the Pacific | Stockton, CA   01/2020–01/2023
Student Yield Representative, Department of English
- Attended and spoke at university outreach events on behalf of the English Department to prospective students
- Organized and planned outreach events with faculty and colleagues
- Called and spoke to prospective students one-on-one about the English program

University of the Pacific | Stockton, CA   06/2021–05/2022
Student Government Director of Diversity, Equity, and Inclusion (DEI)
- Created and facilitated quarterly DEI trainings for a 50+ person organization
- Managed a $30,000 programming budget to bring underrepresented voices to campus
- Collaborated with university administration and faculty to restructure general education learning outcomes in alignment with a social justice lens

- Co-created a campus-wide survey to collect longitudinal data that had 700+ respondents

University of the Pacific | Stockton, CA   05/2020–05/2022
Co-President, Psi Chi
- Ran social media and mass communications among members
- Organized guest speaker events with guest professors from both on and off campus
- Created and distributed promotional materials regarding events and the perks of Psi Chi
- Trained other executive board members
- Worked with Co-President and faculty advisor to recruit members of Psi Chi and organize induction events

University of the Pacific | Stockton, CA   04/2020–04/2021
Student Government Senator-at-Large
- Delegated tasks, organized meetings, and acted as a liaison to other internal teams on a weekly basis as Chair of the Senate Rules Committee
- Authored and gathered support for legislation asserting the need for more accessible and intentional Ethnic Studies education in the GE curriculum
- Wrote educational/promotional materials, organized student focus groups, and presented to the university GE Committee as a member of the Senate Cultural Competence Committee

University of the Pacific | Stockton, CA   10/2019–05/2020
Student Government Associate Supreme Court Justice
- Invoked the power of judicial review to respond to Senate Advisory Opinion Requests (SAOR) by interpreting the organizational bylaws and constitution with fidelity
- Acted in collaboration with the Senate Rules Committee on updating the organizational bylaws to reflect legislative changes
- Revised the judicial bylaws to streamline internal Court processes

Service-Learning Experience

Psychin' Out | Remote   06/2023–07/2023
Psych for Peace & Justice Conference Organizer
- Collaboratively design and execute a social media and community outreach campaign across platforms: Instagram, Twitter, LinkedIn; resulting in 80% more conference proposal submissions and 260 conference registrants in three weeks
- Create social media content informed by user analytics and leverage existing connections in the scholar-activist community to maximize organic reach
- Assist conference presenters with any questions/concerns as their volunteer contact

Little Manila Rising (LMR) | Stockton, CA   08/2021–12/2021
AmeriCorps Civic Action Fellow (675 service hours)
- Co-organized LMR's first free public health clinic event
- Co-wrote a grant application that awarded LMR $200,000 in funding for their culturally responsive community-based mental health and holistic healing programs
- Co-facilitated LMR's annual month-long cultural arts healing campaign
- Represented LMR in weekly state-wide coalition-building committees

White Pony Express (WPE) | Pleasant Hill, CA   06/2021–08/2021
AmeriCorps Climate Action Fellow (320 service hours)
- Wrote published articles and community blogs on food insecurity, food rescue/recovery, and systemic food injustice for donors, volunteers, and community members
- Wrote grant and award applications on behalf of the organization
- Co-facilitated virtual orientations twice a week for new volunteers
- Designed outreach materials including flyers, presentations, and signage
- Co-conducted an extensive SWOT analysis of WPE for the strategic communications team

University of the Pacific | Stockton, CA   08/2020–08/2022
Editorial Board Member, Calliope Literary and Arts Magazine
- Systematically reviewed student poetry and prose submissions for publication
- Solicited student submissions through social media and in-person promotion
- Designed and marketed version two of the 2021 publication using Canva, Instagram, and university communication channels

University of the Pacific | Stockton, CA   08/2020–05/2021
Staff Writer, The Pacifican
- Wrote and published articles on student life, news, and university life on a biweekly basis
- Identified and interviewed key stakeholders and experts ranging from students and faculty to administrators and notable alumni
- Worked in a collaborative team setting to brainstorm and delegate articles of interest in a reasonable and timely manner

Public Impact Scholarship

Zhong, G. (2023, May 9). *Disaggregating the term AAPI for nuanced mental health research.* Society for Community Research and Action (SCRA). https://www.communitypsychology.com/disaggregating-the-term-aapi/

Zhong, G. (2022, November 2). *What it's like to inherit trauma*. National Alliance on Mental Illness (NAMI). https://nami.org/Blogs/NAMI-Blog/November-2022/What-It-s-Like-to-Inherit-Trauma

Conference Presentations

Zhong, G., Mroz, E., & Strickland-Hughes, C. M. (2023, June 29). *We've got news for you: Reading own-age relevant COVID-19 pandemic headlines may prompt existential maturity in younger adults* [Poster presentation]. Summer Undergraduate Research Education Program Conference, University of Georgia, online. https://docs.google.com/document/d/109ESogxjP82L0ThREUl2Qmx0Uxg3GmrQ-KTlGhPAODw/edit?usp=sharing

Ash, J., Munro, T., Zhong, A., & Eaton, A. (2023, June 25–27). *How women's race influences perceived suitability for managerial jobs* [Poster presentation]. Society for Psychological Study of Social Issues, Denver, CO, USA.

Ball, M., Zhong, G., Lacap, J., Garber, E., Carmichael, M., Thompson, D., & Strickland-

Hughes, C. M., (2023, April 27–30). *Benefits of brief memory strategy instruction with goal-setting and positive feedback [*Poster presentation]. Western Psychological Association, Riverside, CA, USA. https://www.xcdsystem.com/wpa/program/dEgm5Mt/index.cfm

Bonfoey, A., Zhong, G., Anguiano A., Kitaoka, D., & Vergara, C. (2022, April 30). *Assessing infants' social evaluations: Virtual replication and extension using repeated measures* [Poster presentation]. Pacific Undergraduate Research and Creativity Conference, University of the Pacific, Stockton, CA, USA. https://scholarlycommons.pacific.edu/purcc/2022/events/66/

Zhong, G. (2022, April 30). *Mind the gap: Disaggregating data in an effort towards mental health equity in the AAPI community* [Poster presentation]. Pacific Undergraduate Research and Creativity Conference, University of the Pacific, Stockton, CA, USA. https://scholarlycommons.pacific.edu/purcc/2022/events/6/

Zhong, G. (2022, April 30). *Thus spoke the heretic: Poetry from the liminal state* [Oral presentation]. Pacific Undergraduate Research and Creativity Conference, University of the Pacific, Stockton, CA, USA. https://scholarlycommons.pacific.edu/purcc/2022/events/50/

Zhong, G. & Bonfoey, A. (2021, April 24). *Evaluating behavioral skills training to teach college students to pour a standard serving of alcohol* [Poster presentation]. Pacific Undergraduate Research and Creativity Conference, University of the Pacific, Stockton, CA, USA https://scholarlycommons.pacific.edu/purcc/2021/events/19/

Zhong, G. (2022, April 4–8). *Mind the gap: Disaggregating data in an effort towards mental health equity in the AAPI community* [Poster presentation]. National Conference on Undergraduate Research, online. https://ncur.secure-platform.com/a/gallery/rounds/5/details/2726

Zhong, G. (2021, April 24). *Telemachus mourns still: Ocean Vuong, ambiguous loss, and decolonizing trauma studies* [Oral presentation]. Pacific Undergraduate Research and Creativity Conference, University of the Pacific, Stockton, CA, USA. https://scholarlycommons.pacific.edu/purcc/2021/events/26/

Zhong, G. (2021, April 12–14). *Chinks in the armor: An ontological perspective on Asian American 'otherness' in American literature* [Oral presentation]. National Conference on Undergraduate Research, online. https://apps.cur.org/ncur2021/archive/Display_NCUR.aspx?id=210849

Invited Talks

Blandizzi, M. & Zhong, G. (2023, March 25) *Leading authentically: Unlocking your Potential* [Oral presentation]. Women's Empowerment Conference, Stockton, CA, USA. https://www.pacific.edu/event/2023-womens-empowerment-conference

Jones, S., Malloy, D., Staggs, M., & Zhong, G. (2023, March 15). *Advancing mental health equity for youth & young adults* [Panel]. Motivo Health, online. https://motivohealth.com/mental-health-equity-youth/

Zhong, G. & Kang, J. (2023, February 9) *What is anti-racism?* [Oral presentation]. 2023 Anti-Racism Challenge, University of the Pacific, Stockton, CA, USA.

Friedman, M., Solish, B., & Zhong, G. (2022, November 9–10). *Elevating the voice of youth in their mental healthcare journey* [Oral presentation]. Future of Mental Healthcare Summit, Berkeley, CA, USA. https://www.futurementalhealthwest.com/agenda/

Amai, W., Zhong. G., & Gillison, D. (Hosts). (2022, April 25). Back to school anxiety (No. 3) [Podcast episode]. In *Hope starts with us*. The National Alliance on Mental Illness (NAMI). https://www.nami.org/Support-Education/Podcasts-and-Webinars/Hope-Starts-with-Us/August-2022/Hope-Starts-With-Us-Back-to-School-Anxiety

Zhong, G., Martinez, V., & Flores-Jimenez, J. (2022, February 24) *What is diversity, equity, and inclusion (DEI)?* [Oral presentation]. 2022 Anti-Racism Challenge, University of the Pacific, Stockton, CA, USA.

Nagginda, H., Wu, M., Homberg, I., & Zhong, G (2021, November 4). *Young climate leadership - perspectives from the generation of groundbreakers* [Panel]. Women in Cleantech and Sustainability 10-Year Anniversary Summit, online. https://www.womenincleantechsustainability.org/ten-year-anniversary-11-10-21/

Honors and Distinctions

- Inductee, The International Honor Society in Psychology, Psi Chi
- Inductee, The International Honor Society in English, Sigma Tau Delta
- Inductee, Phi Kappa Phi *(top 7.5% of class)*
- Member, 2019-2023, Pacific Humanities Scholars Program *(intellectual community based on interdisciplinary studies, ~10/800 of each incoming class is invited to join)*
- Member, 2019-2023, Powell Scholars Program *(highest merit award and cohort-based leadership/research development, awarded to ~10/800 of incoming each class)*
- Member, 2019-2023, Dean's Honor Roll
- Member, 2019-20, Freshman Honors Program *(intellectual and residential community cohort/program, ~90/800 of the incoming is invited to join)*
- Graduate with Departmental Honors, 2023, Psychology
- Graduate with Departmental Honors, 2023, English

Awards

- 2023, Outstanding Graduating Senior in Psychology
- 2023, Outstanding Graduating Senior in English
- 2023, Outstanding Graduating Senior in Ethnic Studies
- 2022 Recipient, Anaphora Arts Residency Fellow Scholarship *(need and merit-based partial scholarship for selected writers of color)*
- 2021 Recipient, Undergraduate Scholarship, Psi Chi *(awarded to 8 students nationally who show extended involvement and interest in Psi Chi and the field of psychology)*
- 2021 Recipient, Outstanding Paper for Diversity Award, Pacific Undergraduate Research and Creativity Conference (PURCC)
- 2021 Recipient, Arlen Hansen Writing Award *(2 scholarship winners university-wide)*
- 2020 Recipient, National Science Foundation - Research Experience Undergraduate (REU), University of California, Riverside
- 2020 Recipient, Seamus Heaney Fellowship *(fully funds study at the Yeats International Summer School in Sligo, Ireland for 1-2 English students)*

Certifications

- CITI program – Social and Behavioral Research Certified
- Ageism First Aid Training
- Skills for Inclusive Conversations, *LinkedIn Learning*

- Cultivating Cultural Competence and Inclusion, *LinkedIn Learning*